

# Back in the Spotlight

**Meridian Health** Hit-making doo-wop singer takes 'getting hip' to a whole new level.

As an original member of The Angels, Linda Jansen was used to being in the spotlight. Thanks to her double hip replacement surgeries, she is enjoying performing once again.

LOCAL SINGER LINDA JANSEN, 69, GOT HER BIG break on the pop music scene in 1961 as the original lead singer of the female group The Angels. Their hit songs "Til," "Cry Baby Cry," and "My Boyfriend's Back" made them a global sensation and got them inducted into the Vocal Group Hall of Fame in 2005.

As hip as it was to be the lead singer of a chart-topping group at the same time as Elvis and The Beatles, Linda recently took "getting hip" to a whole new level by returning to the stage after rehabilitation and recovery from double hip replacement surgeries.

## Every Step of the Way

When pain started to keep Linda from the thing she loved most, she knew it was time to take action. "Nothing beats the energy and excitement of being on stage and sharing my music with a live audience," Linda says. "I can't thank the Meridian Health physicians, nurses, therapists, and staff enough for helping me to be pain-free and get back on tour."

For Linda, her healing journey was a one-stop shop with Meridian Health. After hip surgeries at Ocean Medical Center conducted by orthopedic surgeon **Joseph Bogdan, M.D.**,

Linda continued with Meridian Health through inpatient physical therapy and rehabilitation at Meridian Subacute Rehab at Wall, home rehabilitation and therapy from Meridian At Home, and outpatient physical therapy at Ocean in Brick.



**Joseph P. Bogdan, M.D.**  
Board certified  
in Orthopedic  
Surgery  
Brick  
732-840-7500

### Multiple Rehabilitation Options

Meridian Health knows that there is no one-size-fits-all approach to healing after surgery, and Linda benefited from multiple care providers. After her first hip surgery in April 2013, Linda received home therapy from Meridian At Home. "I had physical and occupational therapy in the comfort of my home. The coordinated care from Meridian At Home was extraordinary. I was not aware that I could return home immediately after surgery for recovery or that Meridian had home care services. My physician recommended it, and the therapy team was terrific."

In August 2013, Linda had her second hip surgery at Ocean. Following this surgery, Linda spent five days at Meridian Subacute Rehab

at Wall. "My physician suggested a few days at an inpatient subacute rehabilitation facility to build up my strength after having the other hip done just a few months earlier. I knew I would receive great care at Meridian Subacute Rehab at Wall."

The ability to choose the right rehabilitation option for each patient is an important benefit, according to Linda's surgeon, Dr. Bogdan. "Linda's case is a great example of how a coordinated continuum of care through Meridian Health allowed her to receive the most appropriate level of care and therapy in a variety of settings best suited to her needs," Dr. Bogdan says. "For Linda, returning home for recovery and therapy immediately after the first surgery was the right step, but after the second surgery, the more

appropriate solution was a few days of inpatient rehabilitation followed by outpatient therapy.

"Meridian Health's unique ability in the region to provide great care in a wide range of settings gives patients like Linda confidence and peace of mind to know that they can move from one care setting to another knowing what to expect," Dr. Bogdan says.

### Back in the Spotlight

Linda made a triumphant return to the stage in fall 2013, joyfully swaying both new hips while singing The Angels' golden oldies. She received a standing ovation from nostalgic fans at the Count Basie Theatre in Red Bank. And Linda will continue to bring back the golden age of doo-wop with upcoming concerts in Atlantic City and around the region.

According to Linda, the care she received at Meridian Health has helped her return to center stage. "I cannot say enough about my treatment and care during every stage of my hip replacements and rehabilitation at Meridian," Linda says. "Everyone was so nice. It was like spending time with a bunch of friends."

*by Larry Ginsberg*

## Meridian Keeps You Moving



Join us in our commitment to helping you with your overall health, including your joint health. If you're considering total joint replacement to help keep your body moving or you're looking to learn more about how to keep your joints and bones healthy, visit us at [MeridianHealthMovement.com](http://MeridianHealthMovement.com).

## FROM SURGERY TO REHABILITATION, Meridian Health Provides Solutions

As the largest provider of health care services in Monmouth and Ocean counties, Meridian Health has more than 100 locations.

Meridian Rehabilitation services include:

- Two acute care inpatient and outpatient facilities in Brick and Red Bank
- Five subacute inpatient and outpatient facilities (Brick, Holmdel, Ocean Grove, Shrewsbury, and Wall)
- 13 outpatient locations throughout Monmouth and Ocean counties
- Six Meridian Fitness and Wellness Centers
- Meridian At Home, which provides in-home therapy, skilled nursing, and personal assistance services

To learn more about why Meridian Rehabilitation is the right choice for your health care needs, visit [MeridianHealth.com/Rehab](http://MeridianHealth.com/Rehab).